

“PSYCHOLOGICAL FEATURES OF THE FORMATION OF VOLITIONAL QUALITIES IN ADOLESCENCE”

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ANNOTATION: In the current period of globalization, solving problems related to today's youth in the world has had time to become one of the most pressing issues. We know that it is important that young people who are growing up today have volitional qualities in their lives. This scientific paper reflects on the specific psychological characteristics of the formation of volitional qualities in adolescence and theories about willpower, reflecting on the fact that adolescence is an important process in the life of an individual.

Keywords: will, volitional qualities, volitional action, Free Will, will upbringing, determination, volitional characteristics of the individual.

As you know, today's society is playing a huge role in our life, the volitional quality, which is the quality of humanity. In particular, in this regard, our countryman In his speeches at a convention, Sh.M. Mirziyoyev said: “what danger we do not face in our own way, we can only overcome it with our firm will, religion-with our faith. Whatever finish we are trying to achieve, they will only achieve it with affection, loyalty and dedication to our native country”.

An example of this is the view in many works of our eastern allomas that, as a perfect person as mentioned above, will is an important virtue. Eastern thinkers in the perfect human interpretation, including Abu Nasr Farabi, say that in a positive solution to pedagogical issues and the psychological, physiological problems associated with them, a person is made up of parts that are in every possible way holistic and inextricably linked. Farabi sees the role of Science in knowledge of

existence as a determining factor, so that the human body, brain, sensory organs are present in birth, but mental knowledge, spirituality, spirit, intellectual and moral sensations, character, religion, customs, education, external environment, in communication with other people and the like, a person acquires them with the help of his activities, achieves them. He argues that his mind, his mind, will be the most mature product of his spiritual rise. In his many treatises, such as "on the attainment of happiness", "the classification of Sciences", "on what to know before studying philosophy", "the virtue of Sciences and arts", Farabi argues that the spiritual development of man is inherent in science and enlightenment. One of the main issues of Joseph Khos Hajib's work is the upbringing of a perfect person. The most perfect in his works is how Adib imagined a person who could meet the demands of society at that time, on the basis of which he consistently outlines his principles. The work "qutadgü bilig" ("the one who guides to happiness") is a spiritual source of morality and decency, which embodies the guidance, methods and measures of education and upbringing, spiritual maturation. Abdurahman Jami's " Bahoristan", " Khirandnomai Iskandari", " Tuhfatul ahror " and other works express his views on science, education, vocational studies, the judgment of Human positive qualities. In each epic of Navoi's "Khamsa", unbending will, determination, obedience, humanistic feelings, creative imagination, complex internal experiences of a person are skillfully illuminated.

It can also be noted that in this regard, the views of Great Eastern thinkers such as Mahmud Qoshgariy, Ulughbek, Naqshbandi, Ogahi on youth education, the role of a teacher, educator in society, morality, character, family life, interpersonal relationships are smoothly and compactly expressed in their works. Berunius says that it is necessary for a person to be able to control himself, to have strength and willpower in composing the qualities necessary for every adult. Berunius expresses this view in his "Mineralogy": "a person is domineering in his passions, able to change them, able to transform his soul and body into things that praise negative aspects, and, gradually, overcome vices by the methods shown in the books on

morality". Al-Moturidi puts forward the idea that discretion in a person, the possibility of choice is not directed against the team, and the state, as it is responsible to the person, is responsible to the person. It also justifies the fact that the individual's choice and free will are not a priority force before the collective will (Oriental democracy), that the Collective Will stands above the individual.

In the textbook "General Psychology" by Professor E. Goziev, will is a person who performs tricks and actions that require overcoming external and internal difficulties is a conscious management by, which is cited as. "Will" is the conscious management by a person of actions that require overcoming external and internal difficulties. In general, will is a manifestation of individual activity. The stages of volitional action are formed by striving for the goal and its achievement, finding the opportunity to achieve the goal, the emergence of motives and strengthening opportunities, being able to come to a decision, realizing the decision made. Will serves to achieve a goal in each life of the individual. As an example, whether we say a bachelor who regularly plays sports in the field of sports, or a representative of another sport, when going out to the ring and winning, the "willpower of a person" is counted from very important qualities. For example, it is also a feat to have "one's will" prevail from where baksior is winning and stand up and continue the ring. It requires "will" not only at the moment of swallowing, but also at another parable. An important role is played by the "will" of a person, even for a person to get on his feet faster and recover.

Abulation is a condition that occurs on the ground of brain pathology the lack of aspiration for activity, the inability to do something with the understanding of the need to act or make decisions to carry it out. Apraxia is a complex violation of the appropriateness of actions caused by damage to the structure of the brain. If the violation of nerve tissue stops in the forehead areas of the brain, apraxia begins, which manifests itself in the violation of free alignment of the hatticharcats. This makes it difficult for the given software and the volitional act to be executed.

Positive qualities of the Will, a demonstration of its power ensures the success of the activity, a person shows his personality from the best side. The list of such volitional qualities is huge: heroism, perseverance, determination, independence, self-control, etc.

Persistence is an individual feature of will, independently it is associated with the ability and competence of decision-making and its unconditional implementation in activities. The struggle of motives, which began in a strict person, is quickly completed by decision-making and execution of the decision.

The generalization of information related to the subject of general psychology has made it possible that the peculiarities of volitional activity consist of:

- 1) volitional actions are always carried out by the individual as their subject;
- 2) the will act, the action is forgiven from within (in the spiritual world) as a Work, Act, Act, Act, which receives full responsibility from the individual;
- 3) thanks to volitional activity, a person in many ways realizes himself as a self-being (the stage of self-realization occurs);
- 4) under the influence of volitional activity, a person realizes that he is obliged to determine his life path as well as his destiny. At the same time, compliance can occur if the functions of the activator of the Will and the restorer (brake) prevail together, in harmony, only then can the individual be meditated on the fact that the achievement of his goal guarantees the overcoming of the obstacles, difficulties encountered in achieving his goal.

The problem of the psychological foundations of education covers a very wide range of issues. The success of education depends on a number of psychological factors, and, first of all, the attitude of the student to study is manifested in attention, feelings, interests and will, as well as in the way in which the individual behaves. The Will, which manifests itself in the formation of a passion for reading, is of particular importance in the educational process, when students act with a specific goal, overcome difficulties, learn from distracting factors in the process of work.

It should be noted that the vital goals and principles that play an important role in the volitional actions of an individual come from the same worldview. Therefore, goals, decisions and actions that are carried out in accordance with the principles of worldview and ethics are to show high Willpower. From the point of view of morality, will is one's own subjugate individual, individual aspirations to the benefit of society rated according to the receipt. That is why we highly appreciate those who, in their aspirations, are committed to the interests of the working people in their decisions and actions, fall in love with the motherland and are faithful to it, love hard work, are firmly stable, bold, patient, resilient and self-sufficient.

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